



# Exeter City Korfball Club

## Health and Safety Policy

### HEALTH AND SAFETY POLICY STATEMENT:

Exeter City Korfball Club is committed to encouraging participation in social and competitive korfball in a safe environment. The health, wellbeing and safety of each individual is of utmost importance. We therefore endeavour to ensure that all members are aware of, understand and follow the details set out in this policy.

### HEALTH AND SAFETY POLICY:

To support our Health and Safety policy statement we are committed to the following duties:


- undertake regular, recorded risk assessment of premises used by the club and all activities undertaken by the club
- create a safe environment by putting health and safety measures in place as identified by risk assessments
- ensure that all members are given the appropriate level of training and for their individual ability
- provide access to adequate first aid facilities at all times and a qualified first aider where possible
- report and record any injuries or accidents sustained by club members, visitors or opposing team members during any training session or match
- ensure that the implementation of this policy is reviewed regularly and monitored for effectiveness

### FIRST AID REQUIREMENTS:

- A First Aid Kit must be available at all training sessions and matches
- Coaches and First Aiders must ensure they have a mobile phone present at training sessions and matches in case of emergency
- Any incidents and treatment should be recorded in the club's accident book by a First Aider or the session coach.

### ALL CLUB MEMBERS HAVE A DUTY TO:

- Take reasonable care for their own health and safety and that of others who may be affected by their actions
- Ensure they have any essential medications with them at training and matches (e.g. inhaler for asthma etc)
- cooperate with the club on health and safety issues
- correctly use all equipment provided by the club
- not interfere with or misuse anything provided for their health, safety or welfare.

Signed:  (Club Chair)

Date: 01 December 2016